



North State Office



Far Northern Regional Center

Self Determination Advisory Committee

All Interested Persons Are Welcome to Attend Our Meeting

www.farnorthernrc.org

When: Friday, July 12, 2019

Time: 10:00 a.m. to 1:00 p.m.

Where: FNRC Chico Office – B4 Conference Room
1367 East Lassen Avenue, Chico, CA

Phone: 895.8633

**Morning coffee and an executive lunch will be provided*

Minutes:

1. Welcome and Introductions:
 - Committee members in attendance: Jennifer Bowman, Ronda Dever, Stephen Concklin, and Lorie Atamian (in for Kimberlee Candela).
2. Public Input/Open Forum *(This section is for members of the public only; and is to provide the public an opportunity to comment and/or present information to the Committee on any matter. Each member of the public will be afforded up to five minutes to speak. If you have additional information you are encouraged to submit it in writing.)*
 - Members of the public in attendance: Sarah May (State Council on Developmental Disabilities), Joe Hernandez (Premier). FNRC Staff: Melissa Gruhler (Executive Director), Marlene McCollum, Megan Swope, Morgan Curtiz, and Kelly Jensen. Public attendee: Alyssa Nutt.
3. Approval of meeting Agenda.
 - Approval was tabled until next meeting because we do not have a quorum.
4. Approval of Minutes from 05/03/19 Advisory Committee meeting.
 - Approval was tabled until next meeting because we do not have a quorum.
5. Success Stories. – Morgan Curtiz
 - a. Newsletters.
 - Morgan reported that participants who have gone through a Liberty Plan were able to get excited and have a positive outlook on formulating what they would like their stories to look like and dream about their future with more possibility. SCCs witnessing families and participants getting excited about the program once they have attended the orientation and understanding more about traditional services verses the SDP and the various roles within the SDP, witnessing the “light bulb” come on once they have more understanding of what it means and the change it could mean for their lives. Melissa mentioned that Liz Harrell said we could share a success story with them and they would be happy to share in future feature newsletters. Jennifer Bowman commented on how neat it would be to highlight a participant

sharing their Liberty Plan. **The committee felt strongly to move forward with contacting REACH and participant to get permissions on using the artwork, etc. to share their story with Liz Harrell in hopes of getting featured in the newsletter.**

Joe Hernandez and Sarah May both addressed the committee about what they hear and see with other RCs and attest that FNRC is “ahead of the game” in planning, in relationships and support within the community and providers, and have heard from other RCs comment on FNRC being ahead of schedule and the details of the SDP being more in place and nearing launch.

Conversation arose with Sarah May about an IF training with a 6 hr curriculum that she has gotten word about. Marlene and many others in attendance expressed interest in what that curriculum looks like because our training is 5-days long (with close to 40 hours of curriculum). What does this 6 hr training look like and can we redesign our training to be similar? Sarah May is going to look into what that is and share that with the committee. She found a flyer on some details which included the SD Facilitator Training meeting is going to be held at the Recreation Center 9a-3p on 7/18 in Ukiah (cost is free). We will entertain sending someone from our RC to attend. During the course of the meeting, Sarah May also did get confirmation that she has access to the curriculum and she will share that with Melissa and Ronda by end of the day.

6. Statewide Self-Determination Advisory Committee Report –Charles Nutt

Charles Nutt read the committee notes to the group (handout of notes were provided to this advisory committee). There were no questions, comments, or concerns. The next one will be held in October, no date is known as yet. Melissa added that she noticed there was a lot of negativity at the statewide meeting in regards to the RCs not moving forward and stalling the implementation of the program, and yet there was this positive voice coming from one of our council members when Charles Nutt introduced himself during the meeting and declared that “our regional center is the best!” Melissa thanked him for changing the tone of the meeting at that time, which had become very negative.

7. SDAC Strategic Planning Notes. –Sarah May & Melissa Gruhler

a. Future Meetings.

-Sarah May provided an overview of the Planning Notes handout. Melissa commented about the discussion held at this meeting on the roles and responsibility and what the future dynamics will look like, including the vision and direction that the advisory committee would like to go in. The questions were proposed, what the goals are within the roles, goals with the responsibilities, and the goals of future committee meetings? Both Marlene and Ronda expressed that they are disappointed and not happy with the vision statement and the committee, at large, agreed. Goal #1 is not going to happen, no coordinating committee. Goal #2, thoughts were that “if they so choose” needs to be added to the goal wording and also, is it reasonable to accomplish a person-centered plan within 6 months of their orientation? Marlene responded that she did feel that was a reasonable time frame. Ronda wanted to know if Liberty Plans can be done while in traditional services and the answer was yes. Goal #3 was thought of as a positive goal by this committee.

-Ronda identified that 2 replacements need to be made for this advisory committee, one that is

-It was recommended to have a Liberty Plan done during the next SDAC. This plan will help direct where we want to go with future meetings.

8. Self-Determination Program updates

a. Regional Center Activity. –Megan Swope and Morgan Curtiz

-Megan passed around a draft she created of an SDP Orientation Evaluation Form for review and feedback. Adding a contact information section to the form was recommended in case any persons filling it out has questions that would require them to be contacted. Bring final draft of form to next SDAC to share. Incorporating the why someone is not interested in doing a Liberty Plan on the form. Both Megan and Morgan commented on updates on completion of Liberty Plans and how some families who were resistant got on board to go through with the plan after hearing details as to the benefits of having one. Megan reported on the recent FMS Meet 'n' Greet that was held on 7/9 in both the Redding and Chico offices. Premier and Mains' I had representatives there to answer questions that the SCs and participant families had. Morgan reported on the SC Pilot Group that we have recently formed and met and that the purpose of the group is sorting out workload issues, creating a form to help facilitate budget creation. The feedback from the committee is that it is "really smart" to have this group so that details can be sorted out amongst a larger group so that further training is being accomplished on a greater scale and in a collaborative format.

b. Monthly Status Report from 6/15/19 & 7/15/19 (draft). –Melissa Gruhler

-There have been 14 official opt outs. We will be reaching out to the remaining 10 who have not completed orientation to see if they intend on moving forward with SDP or do they want to opt out.

c. Updated SDP Graph. –Melissa Gruhler

-Attention was turned to the SDP graph handout in the committee packet. No discussion was held other than a request by Ronda to correct the age grouping on the pie chart. This should start at 3 years of age and not at 0, because no one under the age of 3 is eligible for the SDP. This correction was made to the graph by Kelly.

d. Flowchart. –Melissa Gruhler

-We are looking at budgets; looking at unmet needs and developing a strategy for how to develop the budget to include those unmet needs. Also, the task of coming up with spending plans was addressed and is in process. The need for provider training on meeting HCBS requirements and certification was discussed and that a system is being developed on how to proceed, on how to assist and support providers in meeting those requirements. Further, discussion was broadened to include the importance of training the providers on the SD program. Joe Hernandez had concerns about the HCBS Assessment and brought to our attention that it is still in draft form and asked how we are moving forward and using our own HCBS Assessment? How are we advising our providers without that final draft from the state? We will move forward with seeking Liz Harrell's advice on where the state is at on the final draft of the HCBS Assessment. Ronda recommended to have Liz Harrell attend a future committee meeting, two meetings from now, to answer some state questions that have arose amongst this committee.

9. Evaluation Proposal. –Melissa Gruhler

-Meeting was short on time, so Melissa suggested to read through the Evaluation Proposal and discuss further at next meeting. This handout is for informational purposes, no action needs to be taken by committee. Ronda commented that if SSDAC wants input from this committee a more reader friendly version would be recommended so that we can have a better understanding of its content, in order to provide more complete feedback.

10. Next meeting dates.

-September 13, 2019, 10a-1p.

-November 1, 2019, 10a-1p.

11. Adjourn.

-Ronda Dever adjourned meeting at 1:00p.

Respectfully submitted,

A handwritten signature in blue ink, appearing to read "Kelly Jensen". The signature is fluid and cursive, with the first name "Kelly" and last name "Jensen" clearly distinguishable.

Kelly Jensen
FNRC Administrative Assistant